Current information concerning University Sport (07.04.2020)

Dear participants, dear sports enthusiasts,

in the past week, RUB informed that most likely there can be no face-to-face lectures in the lecture period of the summer term 2020. In consequence, unfortunately University Sports cannot offer “on-site sports” in the usual variety and quality for the time being. The common goal of all necessary measures and voluntary efforts is the protection of the health of all and the containment of the virus.

For us in the University Sports team with its employees and almost 300 dedicated trainers that means an unprecedented break with special organizational and economic challenges. In addition to clarifying these new issues, we would also like to use the break to take a look inwards and to consider, for instance, qualitative further developments in our future offers.

But to make sure that in the meantime you can still get active and keep moving without special equipment in your own home, one of our trainers has stepped in front of the camera for you and has creatively developed a home workout. More videos will follow in the upcoming weeks.

What’s next?
We are in contact with the RUB’s crisis management team and receive all the information that is important for us and for you directly. We actively communicate with the sports organizations and associations, which, in compliance with official instructions, are constantly reconsidering when and under which specific conditions “on-site sports” can take place again. Because it is our goal to be able to offer you courses again as soon as possible in at least some of our sports facilities!

Just like everyone in various areas of life at the moment, we will certainly have to be patient for a few more weeks before we can meet again for training. We will inform you about all the latest developments via e-mail.

We wish you, despite the special circumstances, an as active and successful term as possible!

On behalf of the University Sports team

Ines Lenze
(Director)